

When to see a doctor:

While minor side effects like swelling and redness are normal, see a doctor if you experience any of these complications:

- Intense bruising or swelling If you experience intense bruising or swelling for more than a week, check in with your doctor. It's rare, but allergies or reactions to hyaluronic acid are possible.
- <u>Vascular Occlusion</u> Vascular occlusion happens when the filler is injected into or around an artery, which reduces or stops the blood flow. The surrounding skin and tissue will start to die without adequate blood supply.
- Signs of vascular occlusion include immediate, severe pain and a change in skin color, which can look like white spots or blotches. It's also important to note that the pain could take a while to become noticeable, as most fillers include lidocaine, which is an anesthetic. It can take an hour to wear off.
- Cold Sores Your provider will ask if you're prone to cold sores, or herpes simplex virus 1 (HSV-1). Dermal fillers can trigger an outbreak, which may require antiviral treatment. It's best to discuss with your provider if you've had herpes outbreaks after receiving dermal fillers in the past.